

Healthy People

National Children's Dental Health Month

Since 1941, February has been National Children's Dental Health Month. The theme for 2014 is "Join The Super Smile Team"!

Important things to teach your kids:

- 😊 Brush for two minutes. Twice a day.
- 😊 Floss between your teeth once a day.
- 😊 Limit snacks
- 😊 Eat healthy meals.
- 😊 See your dentist regularly



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