

Healthy People

Breast Cancer Awareness Month

October is Breast Cancer Awareness Month. Breast cancer is the second most common kind of cancer in women. About 1 in 8 women born today in the United States will get breast cancer at some point.

The good news is that many women can survive breast cancer if it's found and treated early.

If you are a woman age 40 to 49, talk with your doctor about when to start getting mammograms and how often to get them.

If you are a woman age 50 to 74, be sure to get a mammogram every 2 years. You may also choose to get them more often.

Talk to a doctor about your risk for breast cancer, especially if a close family member of yours has had breast or ovarian cancer. Your doctor can help you decide when and how often to get mammograms.

For more information, visit www.cancer.org and type "Breast Cancer" in the search tool.

To send a mammogram Reminder E-card to yourself or friends, go to: <http://healthfinder.gov/StayConnected/ecards/DisplayCard.aspx?CardID=48>

