



Wise & Well

Wellness news published for TPS Employees



Special Edition 2014

New and Improved TPS Wellness Program! Earn a \$50 Gift Card!

Would you like a \$50 Visa gift card? Then check out the new and improved TPS Wellness Program! Just go to www.asethealth.com/tps to get started (login instructions below).

With easy web access, the TPS Wellness Program is chock full of great resources to help you manage your personal health goals. You can:

- Take an online Health Assessment Questionnaire to learn about your current health and risk factors
- Sign up for confidential onsite biometric health screening appointments
- Make an appointment to meet with the onsite Wellness Coach
- Take an online wellness course
- Learn about upcoming wellness challenges and events (including raffles and prizes!)

As a special incentive to get started, TPS employees can earn a \$50 Visa gift card by meeting only three easy requirements:

1. Fill out the online Health Assessment Questionnaire
2. Complete a biometric screening
3. Pass one Asset Health online wellness course



Logon now! Just go to the TPS Proud Wellness website at www.asethealth.com/tps.

First-time users: Username is your six-digit employee ID. Password is TPS.

Please feel free to contact the Employee Benefits Department if you have any questions:

419-671-8270 – Employees whose last name begins with A through K

419-671-8348 – Employees whose last name begins with L through Z

NEW Service Lets You Consult with a Physician 24/7

Need a medical question answered quickly? TPS employees can now use a great new service called DocLogic, which provides convenient access to physician consultations 24 hours per day!

Regardless of time or location, you can connect with a physician in real time via telephone or within 24 hours via email for general medical information or advice. If you have a more complex issue, the physicians can also review medical records, diagnose common conditions, recommend treatment plans and prescribe non-controlled medications when appropriate.



For more information, open the DocLogic Services flyer on the HealthSCOPE Benefits/TPS website (go to www.healthscopebenefits.com, click Member at the top and type in TPS under Company Name).

To activate your DocLogic membership:
Call 855-535-6442 (24 hours a day),
or go to member.doclogic.com/activation
and click "Activate Your Account"
You'll need Group Number DL400004

